

Human Services

HUMAN SERVICES (A.S., Certificate)

A.S., Human Services Worker

(60 CREDITS)

Purpose

This program provides the educational foundation for students who are interested in employment in human services professions.

Program Information

This program helps students confront the realities of a career focused on helping others. Students explore attitudes, thoughts and feelings as they affect their ability to work effectively with others as a human services generalist. Direct experience with human service consumers and agencies, through internship and class experiences, are essential features of this program. Students also can specialize in areas such as mental illness, mental retardation, chemical dependency, child development or aging by focusing their internship and coursework in those areas.

Note: If you have been arrested, charged or convicted of any criminal offense, you should investigate the impact that the arrest, charge or conviction may have on your chances of employment in the field you intend to study or on your chances to obtain federal, state and other higher education financial aid. Some courses within this program require a criminal background study to successfully complete. Please see the course description section of the catalog for more details. Please refer to the Criminal Background section of the catalog for more information on the criminal background study.

Human Services Curriculum (25 credits)

HSER 1100 Introduction to Human Services	3 cr
HSER 1104 Multicultural Awareness in the Helping Profession	3 cr
HSER 1106 Basic Counseling Skills	3 cr
HSER 1107 Group Processes	3 cr
HSER 1112 Crisis Assessment and Intervention	3 cr

HSER 1123 Family Functions and Interactions	3 cr
HSER 1179 Human Services Seminar	1 cr
HSER 1189 Internship ¹	6 cr

¹Can be taken as two 3-credit internships or one 6-credit internship. HSER 1100, HSER 1106 & HSER 1107 must be taken prior to HSER 1179 & 1189. HSER 1179 & HSER 1189 must be taken concurrently.

²If HSER 1179 is taken a second time the credit may be used as an elective.

Electives² (5 credits)

Choose from the following courses:

HSER 1101 Introduction to Social Work	3 cr
HSER/INTS 1103 Adults with Disabilities	2 cr
HSER 1105 Loss and Grief	2 cr
HSER 1117 Mental Disorders through the Lifespan	3 cr
HSER 1121 Adolescent and Youth Work	2 cr
HSER 1125 Action Based Learning Experience	2 cr
HSER 2250 Contemporary Human Services Topics	1-3 cr
EDU 1110 Education: Early Childhood Birth to Grade 3	3 cr
EDU 1128 Guidance/Communication and Development of Young Children	3 cr
EDU 1130 Early Childhood Education	3 cr
EDU 1132 Creative Activities for the Young Child	2 cr
EDU 1133 Children's Health, Nutrition, Physical Development, and the Effects of Drugs	3 cr
EDU 1136 Infant and Toddler Development	3 cr
EDU 1138 Children with Special Needs	3 cr
INTS/HSER 1140 Human Sexuality	3 cr

INTS 1777 The Journey of Love	3 cr
CJS 1154 Juvenile Justice	3 cr
HLTH 1130 Drug use and Abuse	3 cr
any other HSER course	

Liberal Arts (30 credits)

ENG 1108 Writing and Research Skills	4 cr
COMM 1100 Interpersonal Communication	3 cr
Math or Lab Science ¹ (See Goal 3 or 4 of MnTC)	3 cr
PSYC 1101 General Psychology or PSYC 1201 General Psychology with Laboratory	4 cr
SOC 1100 Introduction to Sociology	4 cr
Humanities/Fine Arts/Literature (See Goal 6 of MnTC)	3 cr
Liberal Arts Electives (Restricted to MnTC courses)	9 cr

¹BIOL 1107 and BIOL 1110 recommended for pre-social work students.

**Human Services Assistant Certificate
(30 CREDITS)**

Purpose

This program provides students with the knowledge and skills necessary to obtain entry-level employment in the human services profession.

Program Information

Students in this program will acquire theory, knowledge, skills and techniques to prepare them for employment. This program helps students confront directly the realities of a career focused on helping others. Students explore attitudes, thoughts and feelings as they affect their ability to work effectively with others as a human services generalist. Direct experience with human service consumers and agencies, through internship and class experiences, are essential features of this program. Students also can specialize in areas such as mental illness, mental retardation, chemical dependency, child development or aging by focusing their internship and course work in those areas.

Note: If you have been arrested, charged or convicted of any criminal offense, you should investigate the impact that the arrest, charge or conviction may have on your chances of employment in the field you intend to study or on your chances to obtain federal, state and other higher education financial aid. Some courses within this program require a criminal background study to successfully complete. Please see the course description section of the catalog for more details.

Please refer to the Criminal Background section of the catalog for more information on the criminal background study.

Human Services Assistant Curriculum (22 credits)

HSER 1100 Introduction to Human Services	3 cr
HSER 1104 Multicultural Awareness in the Helping Profession	3 cr
HSER 1106 Basic Counseling Skills	3 cr
HSER 1107 Group Processes	3 cr
HSER 1112 Crisis Assessment and Intervention	3 cr
HSER 1123 Family Functions and Interactions	3 cr
HSER 1179 Human Services Seminar	1 cr
HSER 1189 Internship	3 cr

Electives (8 credits)

Select from any HSER elective courses

(See Human Services degree electives listing) or any of the following:

EDU 1110 Education: Early Childhood Birth to Grade 3	3 cr
EDU 1128 Guidance/Communication and Development of Young Children	3 cr
EDU 1130 Early Childhood Education	3 cr
EDU 1132 Creative Activities for the Young Child	2 cr
EDU 1133 Children's Health, Nutrition, Physical Development, and the Effects of Drugs	3 cr
EDU 1136 Infant and Toddler Development	3 cr
EDU 1138 Children with Special Needs	3 cr
EDU 2008 Children's Mental Health	2 cr
EDU 2020 Foundations of Early Literacy	3 cr
EDU 2805 Introduction to Children's Literature	3 cr
CJS 1154 Juvenile Justice	3 cr
PSYC 1215 Child and Adolescent Psychology	3 cr
PSYC 1220 Adult and Aging Psychology	3 cr
HLTH 1130 Drug use and Abuse	3 cr



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